



Statistics Report 09328, Maraschino cherries, canned, drained

Report Date: June 30, 2017 15:04 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water ¹	g	57.27	1	--	57.27	57.27	--	--	--	--	Analytical or derived from analytical	--	03/2003
Energy	kcal	165	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Energy	kJ	690	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Protein ¹	g	0.22	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
Total lipid (fat) ¹	g	0.21	1	--	0.21	0.21	--	--	--	--	Analytical or derived from analytical	--	03/2003
Ash ¹	g	0.34	1	--	0.34	0.34	--	--	--	--	Analytical or derived from analytical	--	03/2003
Carbohydrate, by difference	g	41.97	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Fiber, total dietary ¹	g	3.2	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2003
Sugars, total	g	38.77	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007

Minerals

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Calcium, Ca 1	mg	54	1	--	54	54	--	--	--	--	Analytical or derived from analytical	--	03/2003
Iron, Fe 1	mg	0.43	1	--	0.43	0.43	--	--	--	--	Analytical or derived from analytical	--	03/2003
Magnesium, Mg 1	mg	4	1	--	4	4	--	--	--	--	Analytical or derived from analytical	--	03/2003
Phosphorus, P 1	mg	3	1	--	3	3	--	--	--	--	Analytical or derived from analytical	--	03/2003
Potassium, K 1	mg	21	1	--	21	21	--	--	--	--	Analytical or derived from analytical	--	03/2003
Sodium, Na 1	mg	4	1	--	4	4	--	--	--	--	Analytical or derived from analytical	--	03/2003
Zinc, Zn 1	mg	0.26	1	--	0.26	0.26	--	--	--	--	Analytical or derived from analytical	--	03/2003
Copper, Cu 1	mg	0.143	1	--	0.14	0.14	--	--	--	--	Analytical or derived from analytical	--	03/2003
Manganese, Mn 1	mg	0.012	1	--	0.01	0.01	--	--	--	--	Analytical or derived from analytical	--	03/2003
Selenium, Se	µg	0.2	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
Vitamins													
Vitamin C, total ascorbic acid	mg	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	03/2003

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Thiamin	mg	0.000	--	--	--	--	--	--	--	--	Assumed zero	--	03/2003
Riboflavin 1	mg	0.000	1	--	0	0	--	--	--	--	Analytical or derived from analytical	--	03/2003
Niacin 1	mg	0.004	1	--	0	0	--	--	--	--	Analytical or derived from analytical	--	03/2003
Pantothenic acid 1	mg	0.054	1	--	0.05	0.05	--	--	--	--	Analytical or derived from analytical	--	03/2003
Vitamin B-6 1	mg	0.005	1	--	0.01	0.01	--	--	--	--	Analytical or derived from analytical	--	03/2003
Folate, total	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	03/2003
Folic acid	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	03/2003
Folate, food	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	03/2003
Folate, DFE	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Choline, total	mg	4.3	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Vitamin B-12	µg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	03/2003
Vitamin B-12, added	µg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	09/2004
Vitamin A, RAE	µg	2	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
Retinol	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	03/2003
Carotene, beta	µg	27	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
Carotene, alpha	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Cryptoxanthin, beta	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
Vitamin A, IU	IU	45	--	--	--	--	--	--	--	--	Calculated or imputed	--	01/2005
Lycopene	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
Lutein + zeaxanthin	µg	59	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
Vitamin E (alpha-tocopherol)	mg	0.05	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
Vitamin E, added	mg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	09/2004
Vitamin D (D2 + D3)	µg	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	11/2008
Vitamin D	IU	0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2009
Vitamin K (phylloquinone)	µg	1.5	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
Lipids													
Fatty acids, total saturated	g	0.039	--	--	--	--	--	--	--	--	Calculated or imputed	09070	03/2003
4:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09070	03/2003
6:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09070	03/2003
8:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09070	03/2003
10:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09070	03/2003
12:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09070	03/2003
14:0	g	0.001	--	--	--	--	--	--	--	--	Calculated or imputed	09070	03/2003
16:0	g	0.029	--	--	--	--	--	--	--	--	Calculated or imputed	09070	03/2003
18:0	g	0.010	--	--	--	--	--	--	--	--	Calculated or imputed	09070	03/2003
Fatty acids, total monounsaturated	g	0.049	--	--	--	--	--	--	--	--	Calculated or imputed	09070	03/2003

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
16:1 undifferentiated	g	0.001	--	--	--	--	--	--	--	--	Calculated or imputed	09070	03/2003
18:1 undifferentiated	g	0.049	--	--	--	--	--	--	--	--	Calculated or imputed	09070	03/2003
20:1	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09070	03/2003
22:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09070	03/2003
Fatty acids, total polyunsaturated	g	0.055	--	--	--	--	--	--	--	--	Calculated or imputed	09070	03/2003
18:2 undifferentiated	g	0.028	--	--	--	--	--	--	--	--	Calculated or imputed	09070	03/2003
18:3 undifferentiated	g	0.027	--	--	--	--	--	--	--	--	Calculated or imputed	09070	03/2003
18:4	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09070	03/2003
20:4 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09070	03/2003
20:5 n-3 (EPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09070	03/2003
22:5 n-3 (DPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09070	03/2003
22:6 n-3 (DHA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09070	03/2003
Fatty acids, total trans	g	0.000	--	--	--	--	--	--	--	--	Assumed zero	--	06/2015
Cholesterol	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	03/2003
Other													
Alcohol, ethyl	g	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	03/2003
Caffeine	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	03/2003
Theobromine	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	03/2003

Sources of Data

¹Nutrient Data Laboratory, ARS, USDA Continued monitoring of the nutrient content of selected key foods, University of Georgia, 1993 Beltsville MD